## **October Menu for Summit Public Schools**

Mon, 01	Tue, 02	Wed, 03	Thu, 04	Fri, 05
CHEESE QUESADILLA ROLL-UP MINI CORN DOGS (6 pc) BBQ TURKEY SANDWICH ON BUN SPAGHETTI & MEATBALLS TURKEY AND CHEDDAR SANDWICH SUNBUTTER & JELLY SANDWICH ULTIMATE BREAKFAST ROUND HONEY NUT SCOOTERS CEREAL	BEEF HOT DOG & POTATOES RED BEANS & RICE BOWL TERIYAKI CHICKEN RICE BOWL CHICKEN PARMESAN ON A FRENCH TURKEY BACON CHEDDAR ON DUTC* CHICKEN CAESAR SALAD, ROLL BREAKFAST TACO BREAKFAST RING YOGURT WITH MUFFIN BRK	CHEDDAR CHEESEBURGER ELBOWS W/ BUTTER & CHZ CURRY CHICKEN W/ CIL RICE CORN DOG CHICKEN ITALIAN DELI SUB ON A FRENCH* BAGEL, STRING CHS, SUNFLOWR SD BENEFIT BAR BANANA CHOC CHUNK MARSHMALLOW MATEYS CEREAL	CHICKEN TAMALE & SPANISH RICE BREADED CHICKEN SANDWICH BUN ROTINI W/ MARINARA&CHZ PANCAKES & SYRUP W/ SAUSAGE BAGEL, STRING CHS, SUNFLOWR SD YOGURT BERRY PARFAIT & MUFFIN EGG & CHEESE BREAKFAST ROLL UP CHERRY APPLE CRUNCH BAR HONEY NUT SCOOTERS CEREAL	PEPPERONI PIZZA CHEESE PIZZA BBQ CHICKEN PIZZA PENNE W: BUTTER & CHEESE SUNBUTTER & JELLY SANDWICH TUNA SANDWICH YOGURT WITH GRAHAM BRK FROSTED SHREDDED WHEAT BOWLPAK
Mon, 08	Tue, 09	Wed, 10	Thu, 11	Fri, 12
	□ BEEF HOT DOG & POTATOES     □ BREAKFAST BURRITO, VEG, BRK     □ CARRIBEAN JERK CHICKEN W RICE     □ HOMEMADE MAC AND CHEESE     □ CHICKEN CAESAR SALAD, ROLL     □ TURKEY BACON CHEDDAR ON DUTC*     □ SAUSAGE MUFFIN SANDWICH (PORK)     □ CHERRY FRUDEL     □ FROSTED SHREDDED WHEAT BOWLPAK	☐ CHICKEN POTSTICKERS WITH RICE, ☐ BEAN AND CHEESE BURRITO ☐ PENNE PASTA MARINARA & CHEESE ☐ FISH STICKS, RICE PILAF ☐ TURKEY AND PEPPERJACK ON DUTC* ☐ CALIFORNIA SUSHI BOWL W/TNT ☐ SUNBUTTER &JELLY SANDWICH BRK ☐ HONEY NUT SCOOTERS CEREAL	SMOKED BBQ TURKEY WITH RICE SPAGHETTI W BUTTER & CHEESE CHICKEN DRUMSTICK W/B. PENNE OH MY GOSH BURGER BAGEL, STRING CHS, SUNFLOWR SD SUNBUTTER &JELLY SANDWICH FRENCH TOAST STICKS, BRK BENEFIT BAR OATMEAL CHOC CHIP MARSHMALLOW MATEYS CEREAL	PEPPERONI PIZZA     CHEESE PIZZA     SPAGHETTI WTURKEY MEATSAUCE     HAM AND CHEDDAR ON A BAGEL     TURKEY AND CHEDDAR SANDWICH     EGG SALAD SANDWICH     YOGURT WITH MUFFIN BRK     FROSTED SHREDDED WHEAT     BOWLPAK
Mon, 15	Tue, 16	Wed, 17	Thu, 18	Fri, 19
│ HAMBURGER     │ SESAME ORANGE CHICKEN BOWL     │ MINI CORN DOGS (6 pc)     │ PENNE PASTA MARINARA &     CHEESE     │ BAGEL, STRING CHS, SUNFLOWR SD     │ TURKEY AND CHEDDAR SANDWICH     │ CINNAMON ROLL 3 OZ GREAT EARTH     │ HONEY NUT SCOOTERS CEREAL	□ BEEF HOT DOG & POTATOES     □ QUESO BEAN DIP W/TORTILLA CHIP     □ PASTA X-PLOSION!     □ BREADED CHICKEN SANDWICH     BUN     □ CHICKEN CAESAR SALAD, ROLL     □ SUNBUTTER & JELLY SANDWICH     □ MINI SILVER DOLLAR PANCAKE/SYR     □ YOGURT WITH MUFFIN BRK     □ MARSHMALLOW MATEYS CEREAL	□ BUFFALO CHICKEN SANDWICH     □ ROTINI W/ MARINARA&CHZ     □ ASIAN SAMPLER     □ BREAKFAST PLATTER     □ ROAST BEEF & SWISS ON FRENCH *     □ CALIFORNIA SUSHI BOWL     □ STRING CHEESE AND MINI MUFFIN     □ FROSTED SHREDDED WHEAT     BOWLPAK	OH MY GOSH BURGER  PASTA PRIMAVERA  CORN DOG CHICKEN  BEEF AND BROCCOLI BOWL  BAGEL, STRING CHS, SUNFLOWR SD  SUNBUTTER &JELLY SANDWICH  APPLE BOSCO STICK  HARD BOILED EGG & MUFFIN BRK  HONEY NUT SCOOTERS CEREAL	PEPPERONI PIZZA     CHESSE PIZZA     MARGHERITA PIZZA     ITALIAN MEATBALL SUB ON FRENC*     YOGURT BERRY PARFAIT & MUFFIN     CHICKEN CAESAR WRAP     BENEFIT BAR FRENCH TOAST     FROSTED SHREDDED WHEAT BOWLPAK
Mon, 22	Tue, 23	Wed, 24	Thu, 25	Fri, 26
□ BBQ CHICKEN PASTA     □ GRILLED 3 CHEESE SANDWICH     □ PENNE PASTA MARINARA &     CHEESE     □ MR. MIKE'S BBQ CHICKEN ON ROLL     □ TURKEY AND CHEDDAR SANDWICH     □ SUNBUTTER &JELLY SANDWICH     □ YOGURT WITH GRAHAM BRK     □ HONEY NUT SCOOTERS CEREAL	□ BEEF HOT DOG & POTATOES     □ BLACK BEAN & VEGGIE BURRITO     □ SPAGHETTI W/TURKEY MEATSAUCE     □ CARNE ASADA FRIES     □ TURKEY BACON CHEDDAR ON DUTC*     □ CALIFORNIA SUSHI BOWL     □ PANCAKE & SAUSAGE SANDWICH     □ BENEFIT BAR OATMEAL CHOC CHIP	☐ CHEDDAR CHEESEBURGER ☐ ELBOW PASTA W/ MARINARA&CHZ ☐ GREEK CHICKEN & RICE PILAF ☐ ITALIAN SAUSAGE ON A FRENCH R* ☐ ITALIAN DELI SUB ON A FRENCH * ☐ SUNBUTTER & JELLY SANDWICH ☐ COFFEE CAKE ☐ FROSTED SHREDDED WHEAT BOWL	CHICKEN NUGGETS (5) W/B.PENNE PENNE W/ BUTTER & CHEESE OH MY GOSH BURGER PESTO CHICKEN ON FRENCH ROLL CHICKEN BACN RNCH SALAD, ROLL BAGEL, STRING CHS, SUNFLOWR SD CINNI MINIS MINI CROISSANT AND YOGURT HONEY NUT SCOOTERS CEREAL	□ PEPPERONI PIZZA     □ CHEESE PIZZA     □ PHILLY CHEESE STEAK FRENCH *     □ TERIYAKI MEATBALLS WITH RICE     □ ASIAN CHICKEN WRAP     □ SUNBUTTER & JELLY SANDWICH     □ CINNAMON ROLL 3 OZ GREAT     EARTH     □ BAGEL W/CREAM CHZ&JELLY BRK
Mon, 29	Tue, 30	Wed, 31	Thu, 01	Fri, 02
□ CHEESE QUESADILLA ROLL-UP     □ MINI CORN DOGS (6 pc)     □ BBQ TURKEY SANDWICH ON BUN     □ SPAGHETTI W/TURKEY MEATSAUCE     □ TURKEY AND CHEDDAR SANDWICH     □ SUNBUTTER &JELLY SANDWICH     □ ULTIMATE BREAKFAST ROUND     □ HONEY NUT SCOOTERS CEREAL	BEEF HOT DOG & POTATOES RED BEANS & RICE BOWL TERIYAKI CHICKEN RICE BOWL CHICKEN PARMESAN ON A FRENCH TURKEY BACON CHEDDAR ON DUTC* CHICKEN CAESAR SALAD, ROLL BREAKFAST TACO BREAKFAST RING YOGURT WITH MUFFIN BRK	SPAGHETTI & MEATBALLS FRENCH TOAST STICKS & SLIMY EG CURRY CHICKEN W/ CIL RICE CORN DOG CHICKEN ITALIAN DELI SUB ON A FRENCH * ECTOPLASM YOGURT PARFAIT & MUF BENEFIT BAR BANANA CHOC CHUNK MARSHMALLOW MATEYS CEREAL		